

A Forthcoming Course hosted by Kensington Unitarians:

# Compassionate Communication

Thursday Evenings 9th, 16th, 23rd September,  
and 7th, 14th October 2010, 7-9.00pm



Jill and Richard Broadbent, trainers in compassionate communication (also known as 'non-violent communication') will be coming to Notting Hill this autumn to offer a course. Compassionate communication is a means of exploring how we make choices in our communication. It supports a greater understanding of how others may hear us and how we may hear others and provides a pathway to compassionate and empathic understanding of others and ourselves.

Participants will be encouraged to make a small voluntary donation to help cover the cost of providing this training course. It would be highly beneficial if participants could attend all five of the sessions but this is not compulsory.

If you would like to take part in this course it is essential to book in advance as places are limited. Please email [education@kensington-unitarians.org.uk](mailto:education@kensington-unitarians.org.uk) or telephone 020 7221 6514 to leave your contact details. All are welcome.

Essex Church, 112 Palace Gardens Terrace, London W8 4RT  
(Nearest station Notting Hill Gate – Central, Circle, District Lines)

[www.kensington-unitarians.org.uk](http://www.kensington-unitarians.org.uk)

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